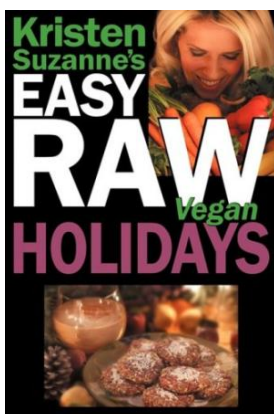


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# KRISTEN SUZANNE S EASY RAW VEGAN HOLIDAYS: DELICIOUS EASY RAW FOOD RECIPES FOR PARTIES FUN AT HALLOWEEN, THANKSGIVING, CHRISTMAS, AND THE HOLIDAY SEASON (PAPERBACK)



Green Butterfly Press, United States, 2008. Paperback. Book Condition: New. 224 x 150 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Mounting evidence has shown that heat destroys many of the nutrients found in raw, living food, rendering it harder to digest and nutritionally diminished. Raw food is catching on! From Hollywood stars with personal chefs, to a host of chic new Manhattan restaurants, the Raw Food movement is sweeping the country as people learn about the...

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## Reviews

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