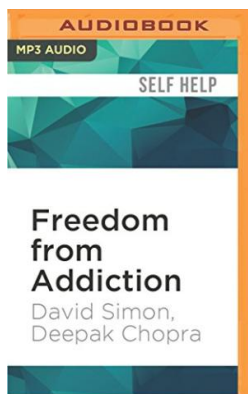


## Freedom from Addiction: The Chopra Center Method for Overcoming Destructive Habits



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